

THE MOST COMMON MERIDIAN STAGNATIONS IN THE HORSE'S BACK: HOW TO BALANCE THEM

Antonio Alfaro, DVM, MSc., CVA, CVTP, CBMP.

Centro Veterinario para el Diagnóstico por Imágenes y Terapia Complementaria.

Retire Profesor, Universidad Nacional de Costa Rica.

Instructor of Equine Clinics, Universidad Veritas San José, Costa Rica.

Abnormal conformation of extremities, back anatomy, type of training, training grounds, and postural position, they all generate imbalance in neuromuscular function in the horse. This unbalance state comes from a direct stimulus or trauma, exhaustion, radiculopathy or indirect effect from visceral problems, joint pain elsewhere or emotions. Functional stagnation interferes with performance and it is one of the most common reasons for veterinary intervention in sporting horses¹. Clearance of stagnant Channels can be accomplished by Tui-Na techniques or needling Acupoints by the Balance Method with immediate results^{1,2}. Not clearance of Channel by these means will better orientate the practitioner into seeking a more structural problem, which will require further assessment. The most common channel stagnations in horses are located at Tai Yang/Shao Yang, Yang Ming, Tai Yang and Shao Yang/Tai Yang areas². The author presents his approach to treating these functional stagnant areas in the horse.

[Ver Documento Completo](#)